

**It's All In Your Head: Headache is the** Number one reason why people visit physicians. If you have headaches and you have not been able to get any help from the doctors that you have seen, you are one of those 20 million Americans. If you suffer from one or more of the symptoms like headache, Neck & shoulder pain, ringing in the ears, Clicking or popping of jaw joints, swallowing difficulties, tooth grinding or clenching, limited mouth opening, dizziness for more than once/month, you can be helped with proper diagnosis and treatment.

75 million Americans suffer from Temporomandibular dysfunction, caused by mismatched bite, improper orthodontic treatment, trauma, arthritis, excessive growth of the lower jaw. Posteriorly displaced head of the lower jaw can cause up to 90% decrease in the blood supply to head and neck.

With proper diagnosis and treatment of temporomandibular joint, your quality of life can be better (No drilling, no surgery, no injections). First phase of treatment is to get patient out of pain and finding the correct bite, for muscles, joints and jaw bones to function in harmony. Second phase of treatment is to position lower jaw and teeth in a pain free position permanently. Proper treatment should take away your pain and headaches, improve your circulation in your head and neck, reduce stress, fatigue and depression, improve your energy and mental concentration dramatically.